



# YOUR MENU Week ONE

Monday	Tuesday	Wednesday	Thursday	Friday
Lemon Sole Grill  Quorn Balls in Homemade Tomato Sauce	Filled Jacket Potato w/ Cheese, Beans or Tuna Cheese & Red Onion Flan	Roast Chicken Roast Quorn Yorkshire Pudding Stuffing & Gravy	Chicken Curry  Vegetable Samosa	Cheese & Tomato Pizza  Fish Fingers
Seasoned Wedges  Peas & Carrots	Pasta & Peppers Sweetcorn & Carrots	Fluffy Roast Potatoes Broccoli Carrots	Naan Bread & Rice Sweetcorn & Mushrooms	Chunky Chips Jacket Potato Baked Beans
Seasonal salad bar & freshly baked bread basket available daily A selection of fresh fruit & yoghurts as alternative to pudding				
Lemon Iced Sponge & Custard Fruit or Yoghurt	Homemade Shortbread Biscuit & Milkshake	Fruit Salad Yoghurt Jelly (v)	Ice Cream Tub Fruit & Yoghurt	Fruit & Yoghurt Chocolate Cracknell

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian options available daily.

For any allergen or special dietary requirements please speak to a member of the catering team

MADE FRESH

St Marks RC Primary





# YOUR MENU Week TWO

Monday	Tuesday	Wednesday	Thursday	Friday
Lamb Lasagne Quorn Bolognaise	Pork Sausage Toad in the Hole Quorn Sausage Toad in the Hole Gravy	Roast Turkey, Stuffing & Gravy Roast Quorn, Stuffing & Gravy	Sweet & Sour Chicken Vegetable Spring Rolls	Cheese & Tomato Pizza Filled Jacket Potatoes
Garlic Bread Sweetcorn & Broccoli	New Potatoes Peas & Carrots	Roast Potatoes Cabbage & Carrots	Rice or Noodles Baby Corn or Mushrooms	Chunky Chips Beans or Peas
Seasonal salad bar & freshly baked bread basket available daily A selection of fresh fruit & yoghurts as alternative to pudding				
Banana Brownie Fruit & Yoghurt	Fruit Jelly Mousse Fruit & Yoghurt	Golden Syrup Sponge & Custard Fruit & Yoghurt	Ice Cream Roll Fruit & Yoghurt	Lemon Muffin Fruit or Yoghurt

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# YOUR MENU Week THREE

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese Cheese & Pepper Flan	Beef Burger & Bap Quorn Burger & Bap	Sausage Quorn Sausage	Jerk Chicken Fillet Quorn Curry	Cheese & Tomato Pizza Cheese & Onion Pasty
Italian Bread Sweetcorn Broccoli	Seasoned Wedges Peas & Carrots	Mashed Potatoes Carrots & Swede	Rice & Peas Baby Carrots & Tinned Tomato	Chunky Chips Baked Beans
Seasonal salad bar & freshly baked bread basket available daily A selection of fresh fruit & yoghurts as alternative to pudding				
Orange & Apple Muffins Fruit & Yoghurt	Ice Cream Fruit & Yoghurt	Apple Pie & Custard Fruit & Yoghurt	Banana & Coco Bread Pineapple Rings	Cherry Cheesecake Fruit & Yoghurt

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# YOUR MENU Week FOUR

Monday	Tuesday	Wednesday	Thursday	Friday
Meatballs in Tomato Sauce Quorn Lasagne	Cod & Salmon Fishcake Cheese & Potato Pie	Hunters Chicken Tempura Fish Fillet	Shepherds Pie & Gravy Quorn Shepherds Pie & Gravy	Cheese & Tomato Pizza Fish Fingers
Garlic Bread Carrots & Broccoli	Rainbow Rice Peas & Cauliflower	New Potatoes Mushy Peas Sweetcorn	Saute Potatoes Peas & Greenbeans	Chunky Chips Baked Beans
Seasonal salad bar & freshly baked bread basket available daily A selection of fresh fruit & yoghurts as alternative to pudding				
Rosalie Biscuit & Milkshake Fruit Salad	Apple Flapjack Fruit & Yoghurt	Fruit Salad Jelly Yoghurt	Chocolate Crunch Fruit & Yoghurt	Scone & Jam Fruit Juice Fruit & Yoghurt

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

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