



Birmingham City Council Education Department  
**St. Mark's Catholic Primary School**

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24<sup>th</sup> October 2019

Dear Parent(s)/Guardian(s),

At St. Mark's Catholic Primary School we strive to provide a safe learning environment for all children. Due to some of our pupils suffering with life threatening nut allergies, we are a NUT FREE SCHOOL. An allergic reaction (anaphylactic shock) can occur through ingestion of nut products, cross contamination and breathing nut dust in the air.

Since this condition can be life threatening, we are asking all members of the school community for their help in minimising the risk to these children by:

- a) Avoiding giving children nuts or nut products in their packed lunches
- b) Avoiding giving nuts or nut products or snacks/bars containing nuts for break time snacks
- c) Avoiding supplying the school with cakes or food items containing nuts for birthday celebrations, sales or events
- d) Avoiding sending containers such as cereal boxes for DT / Art lessons into school which may have contained produce made with nuts

We do acknowledge that many foods are labelled as '*may have been produced in a factory handling nuts and cannot be guaranteed to be nut free*'. Such items will be allowed in school as it would be unreasonable to expect these to be kept out of school.

We thank you for your co-operation and support regarding this matter.

Yours sincerely,

Mr. Hemmingway  
Deputy Headteacher

