



Lockdown Learning Booklet

(January 2021)



Our Lockdown 2021 mission:

To ensure that your child's education is as purposeful, engaging and educational as possible.

St. Mark's Catholic Primary School

Proudly and Joyfully, we love, live and learn as God's children

Our Lockdown 2021 Mission

Dear parent(s) and carer(s),

We understand that COVID-19 has brought many challenges for you and your family and we recognise that home learning will not be the same as having your child in school, however, we have adapted our curriculum to ensure that your child receives a good quality of education, despite not being in school as planned.

Our Lockdown 2021 mission:

To ensure that your child's education is as purposeful, engaging and educational as possible.

Why is this so important to us?

Firstly, we recognise that your child/ren have already encountered much disruption to their learning from the first lockdown last year. The Education Endowment Foundation (EEF) has found that the effectiveness of remote teaching is determined by many of the same factors as live classroom teaching. Therefore, as much as possible, we have included the following in our home school learning approach:

- differentiated learning activities
- quizzing activities to re-cap previous activities
- clear explanations given in powerpoints
- application of new knowledge or skills
- daily feedback and dialogue between all children via BGfL who are learning from home

To support you as parents we have created this booklet on what to expect from Lockdown learning in 2021. To summarise, your child will receive:

- ✓ 5 daily learning lessons with differentiated activities to cater for each child's level/ability
- ✓ 3 weekly Live online learning sessions (1xWriting, 1xMaths and 1 E-safety).

Please note: ALL children are expected to attend all the Live learning sessions

- ✓ A **personalised** Home Learning Resource Pack
- ✓ Daily feedback given by a member of staff on BGfL
- ✓ A range of rewards to motivate, inspire and engage children in their learning



If for any reason you are unable to access any of the home learning resources, please contact the school office, either by email or telephone; (enquiry@stmarkrc.bham.sch.uk/ 0121-357 9892) at your earliest convenience.

Home Learning Timetable

Below is the timetable but we appreciate that the lives of working families are increasingly complicated and there is flexibility. For example, your child(ren) may need to complete work at different times during the day because of family or work commitments. Please do, however make every effort to ensure your child is present at the Live learning sessions as unfortunately, we are unable to pre-record these.

St. Mark's Catholic Primary School Home Learning Timetable




9-10		Break Time	10:15-10.45	11-12	Lunchtime	1-1.30	1.45-3
M	Maths		Reading	English		PE	RE
TU	Maths		Reading	English		Basic skills	Science
W	Maths		Reading	English		Basic skills	History
TH	Maths		Reading	English		Basic skills	Art
F	Maths		Spelling Lesson	English		RE (Shorter Liturgy Lesson)	Completing any unfinished work

Home Learning - How do I access BGfL for my child's home learning activities?

- To log in, go to the following website <https://login.bgfl365.uk/>







Parents' username / email address

Parents' password

Log In



Type in your child's username (email) and password.







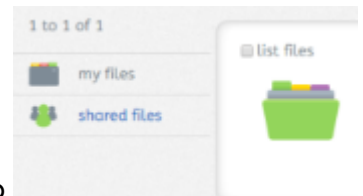
2. Once you have logged into BGfL365, you should see the launch page, which displays a number icons and tools.

To find shared work:

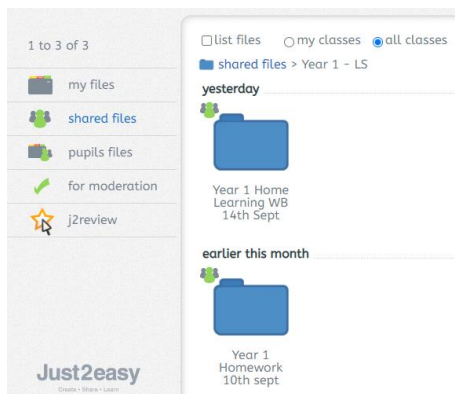
1. To find the weekly home learning document that has been shared by teachers, click on the

shared files icon.  If this icon is not available, click on My Files. 

2. In My Files, on the left hand side you will see shared files tab.



3. Once you are in the shared files, you should see a folder with your class' name on it. Open the folder and there you will see your two folders, one marked home learning and one marked homework.



4. In the home learning folder, there will be a weekly overview (please see an example copy below):

Year 4 Weekly Overview

<u>Monday</u>	<u>Task</u>
Reading	Prediction
Writing	Simple and compound sentences
Maths	Multiplying by 10
Curriculum work (RE)	Know the story of the Presentation of Jesus
PE	20-minute video from Dance Exchange

Lessons have been set for your child each day and the PowerPoint will include a slide with the coloured differentiated tasks for each ability group. Each lesson should last around 45 minutes, but will be shorter for the younger children. Each curriculum subject has been differentiated, so please ensure you check the email sent to you via the school office instructing you which colour activity suits your child's ability.

It is expected that all tasks are completed on J2 Office and they will be saved on your child's area or a photograph taken and uploaded to your child's area if your child writes on paper.

To upload a photo onto BGfL, click on the upload icon, choose files from your desktop or photo library on your mobile phone. Press 'done' and then the photo will be uploaded. You will then see the picture in Myfiles.

Each lesson is broken down into a variety of ways on a PowerPoint including:

- Quizzes
- WALT (We Are Learning To...)
- WILFs (What I (teacher) am Looking For...)
- Modelling with examples and pictures
- Video links for some lessons for websites including White Rose Maths, Oak Academy and YouTube.
- Tasks which need to be printed for most lessons

Your child will need:

- ✓ Paper
- ✓ Pencil
- Possibly other basic items

Your child will be set a next step or challenge question twice a week in Maths and English..

Your child's work will be marked by staff daily and staff will be available on BGfL to answer any questions you may have too! 😊

Microsoft TEAMS Live Learning Sessions with staff from school

We are aware that many of our parents are trying their best at home to educate children and this can be very challenging at times, especially when there is more than one child in the family.

Children at home will have three 30 minute live Microsoft TEAMS sessions per week. The lessons will be delivered by an experienced teacher and cover Literacy skills, Numeracy skills and E-safety.

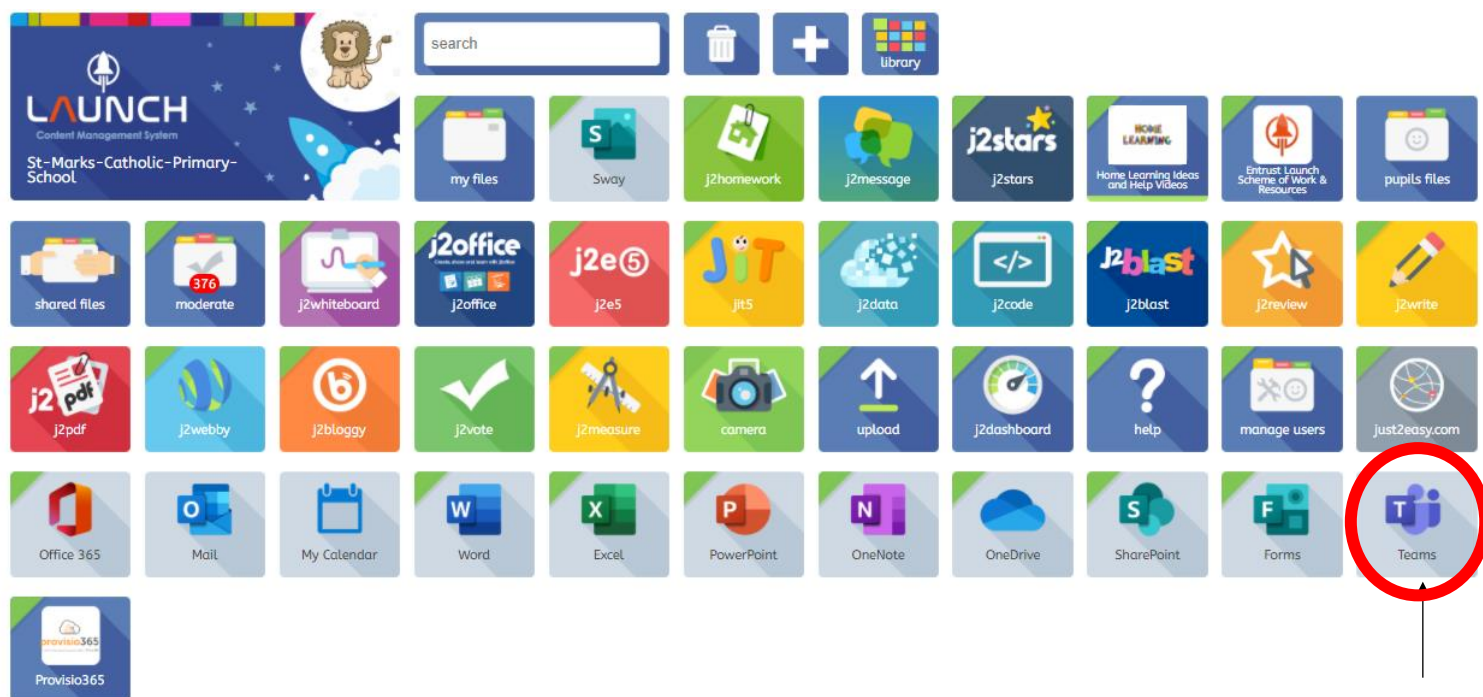
Invitations to attend Microsoft TEAMS sessions will be sent to your child's school email address. Please ensure you check your child's emails to access the live learning link to the sessions.

Timetable for Microsoft TEAMS sessions

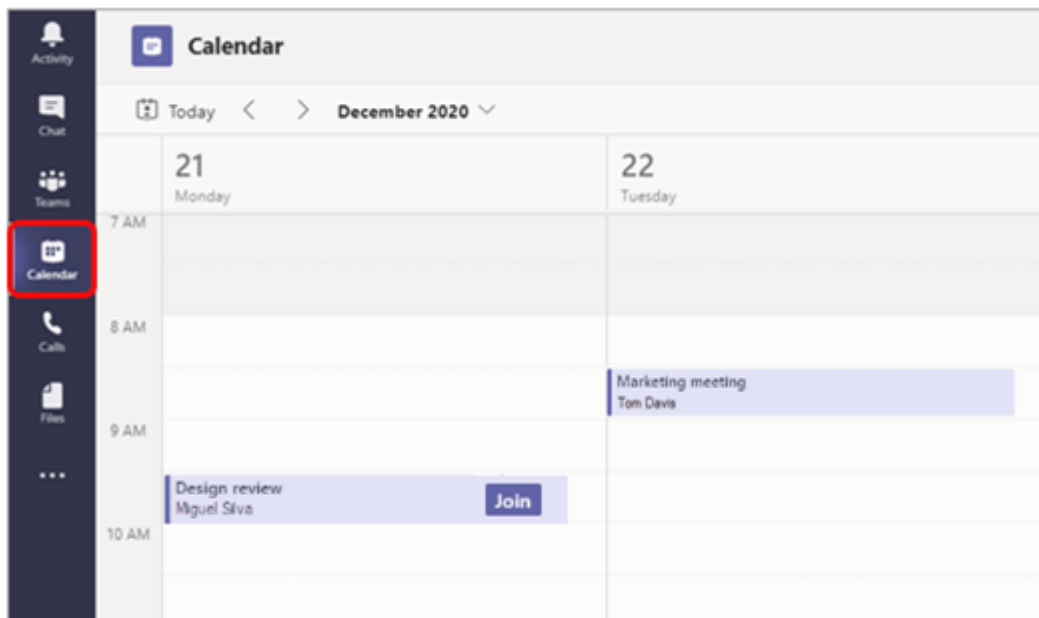
	Monday	Tuesday	Wednesday	Thursday	Friday
Reception	Maths 9.00am to 9.30am		English from 9.00am to 9.30am		E-safety from 9.00am to 9.30am
Year 1	English from 11.00am to 11.30am		Maths from 11.40am to 12.10pm		E-safety from 9.45am to 10.15am
Year 2	English from 11.40am to 12.10pm		Maths from 11.00am to 11.30am		E-safety from 10.30am to 11.00am
Year 3	Maths from 9.40am to 10.10am		English from 9.40am to 10.10am		E-safety from 11.15am to 11.45am
Year 4		English from 11.00am to 11.30am		Maths from 11.00am to 11.30am	E-safety from 1.00pm to 1.30pm
Year 5		Maths from 9.40am to 10.10am		English from 11.40am to 12.10pm	E-safety from 1.45pm to 2.15pm
Year 6		Maths from 9.00am to 9.30am		English from 9.00am to 9.30am	E-safety from 2.30pm to 3.00pm

How to access Microsoft TEAMS Meetings

Click on the TEAMS picture on BGfL.



Then select Calendar on the left side of TEAMS to view your meetings.



Find the meeting you want and select 'join'. Or, if someone starts the meeting, you'll get a notification you can use to join.



Resource Packs

Every child will receive their own resource pack to support their home learning and you will be able to collect these from school week beginning 11th January, but please wait until you receive a text notification from the school asking you to collect your child/ren's home learning resource pack.

Here is a list of what you can expect to find in your child's Home Learning Resource Pack:

- Letter with a pencil or a pen
- How to use guide
- Books to work in
- Class reading text for Spring 1 - Every child will receive their own copy!
- Resources such as a number line, key vocabulary and a 100 square
- White Rose Maths booklets for Spring term 1
- E-safety poster
- Wellbeing booklet of activities



(and a little something for our parents too as you are doing a fantastic job!)



REWARDS

Rewards are so important to keep our children motivated, especially in the current situation we find ourselves in. Our children work extremely hard on a daily basis and we want to continue to recognise their efforts and achievements. We will be doing the following:


★ We will be continuing with the school POP (Praise Of Pupil) Band reward system and star stickers. This term, your child is working towards achieving **20 stars** which will earn them the **orange band**. Stars will be awarded to children in school on a sticker chart basis and they will also be awarded on J2Stars too for children learning from home.

If your child achieves 20 stars, their Orange band will be posted ★ them, along with a postcard from Mrs. Linley 😊

twitter 



★ Each week, we will be posting 2 pieces of great work on our school twitter account for each class to showcase the fantastic learning taking place in the home and the classroom. Please note: If you have a twitter account - please post your child's great work on this too to share with us!

★ Each week we will also be sending out 2 '**CONGRATULATIONS**' c  ites per class. We understand that learning from home may offer some unexpected challenges, so our certificates are a way to recognise that despite the challenges you have faced (and there are many!) you have still achieved success!

SEND (Special Educational Needs and Disability)

We will be continuing to support all of our pupils and their individual needs throughout lockdown, both in school and at home. If your child has an EHCP and/or SEND Support Plan, we will be continuing to work towards targets during home learning and in school learning through differentiation and high-quality teaching and learning opportunities. **We have prepared personalised SEND packs for all of our children learning from home.** This will ensure that all children have access to the resources they are familiar with and already use in school so that they can use these at home too to access the learning activities set on BGfL.



Learning Knows No Bounds

Home Learning activities have been set by class teachers. The activities have been planned and prepared to meet the needs of ALL pupils and will follow a well-sequenced curriculum so that knowledge and skills are built on. For children who receive external support such as Speech and Language Therapy,

we are making arrangements for this to continue virtually with our Speech and Language Therapist - so watch this space!

From the week beginning 11th January 2021 teachers will be making appointments to discuss the children's new targets for the Spring Term virtually for the week beginning 18th January 2021.

Please remember, we are all in this together! If you need anything at all during this time please contact the school office, send an email, or a message through the BGFL messaging system. Mrs Dykes (our SENDCo) or another member of the St Mark's team will be happy to assist you.

Please keep an eye on our COV-19 Response page, Twitter and SEND Section of our school website. Resources that support our pupils' SEND needs will be uploaded throughout Lockdown when they are sent by external agencies.



Useful websites to increase learning at home:

In addition to the work set by your child's class teacher on BGfL, your child will also have access to some or all (depending on their age) to the following online learning websites:



use keep y



details



What is Bug Club?



Bug Club is a powerful whole school reading programme that is proven to raise attainment in reading. It brilliantly combines stunning books and an incredible online reading world, filled to the brim with kid-favourite characters, to hook children into a lifelong love of books and develop confident young readers.

Your child has already been emailed their Bug Club log-in to their BGfL account so they can read age-appropriate books online at home.

There is a how to use guide on the COVID-19 response page on the school website.

What is MyMaths?



For children in years 1 to 6, Maths will continue to be set on 'MyMaths', which offers interactive lessons, and assignable home learning tasks and worksheets, along with a wealth of resources that will help improve your child's learning, confidence and fluency of Maths.

What is Education City?



All children have access to Education City, an educational resource for children. Your child has been emailed their login details via BGfL and work will be set here, with hyperlinks in the home learning document. A page on the website gives trouble shooting information and the link is <https://www.educationcity.com/support/>

Top Tips for Home Learning

- Take regular breaks from schoolwork (e.g. every hour, take a ten-minute break).
- Make yourself a plan for your school day and stick to it if you can – don't worry if you stray off path!
- Set some small goals for the day.
- Keep a school routine – you could start and finish at a certain time every day.
- Avoid doing schoolwork in your bedroom.
- Make it as much like a school day as possible – you could take your lunch and breaktime at the same times as you would at school.
- Avoid background distractions, e.g. the TV – this will make you more productive!
- If you are having difficulty with some aspects of home learning, please message your class teacher on BGfL via the chat speech bubble.

What to do if your child is worried...

We will stay in touch with your child whilst they are learning from home, this will be via BGfL (please look for the speech bubble icon on your child's work).

If there's something that's worrying you or your child, or you want to talk to a specific member of staff who you feel more comfortable with, you can request this via an email to the school office who will forward this on to the member of staff you would like to speak to - remember, every worry is relevant, whether it is big or small. We aim to get back to parents on the same day but sometimes this is not possible, and a response may take a little longer so please be patient.

Your child can also use the j2message option on BGfL.

If your child is worrying about something relating to a classmate, this is also a very relevant concern. Again, please inform your child's class teacher via an email to the school office.

Your child can always email the school on report@stmarkrc.bham.sch.uk and report any concerns about another child's behaviour.

If you experience any technical issues while learning at home, you should let the school office know as soon as possible.

Mental health and wellbeing

The change of routine and staying at home may make this a difficult time for some children. Public Health England has published advice on how to [support your children's wellbeing](#) during the coronavirus outbreak:

<https://www.gov.uk/government/publications/covid-19-guidance-on-supporting-children-and-young-peoples-mental-health-and-wellbeing>

Helping children and young people cope with stress during the pandemic:

1. Listen to and acknowledge your child's concerns
2. Provide clear information about the situation

3. Be aware of your own reactions
4. Connect with your child/ren regularly
5. Provide and support safe ways for your child/ren to connect with family and friends
6. Create a new routine
7. Limit exposure to social media

Useful website links to help you support your child:

<https://www.nhs.uk/oneyou/every-mind-matters/>

<https://mindedforfamilies.org.uk/>

<https://www.childrenscommissioner.gov.uk/wp-content/uploads/2020/03/cco-childrens-guide-to-coronavirus.pdf>

[https://interagencystandingcommittee.org/system/files/2020-](https://interagencystandingcommittee.org/system/files/2020-04/My%20Hero%20is%20You%2C%20Storybook%20for%20Children%20on%20COVID-19.pdf)

[04/My%20Hero%20is%20You%2C%20Storybook%20for%20Children%20on%20COVID-19.pdf](https://interagencystandingcommittee.org/system/files/2020-04/My%20Hero%20is%20You%2C%20Storybook%20for%20Children%20on%20COVID-19.pdf)

<https://www.nhs.uk/change4life>

Guidance is also available to help you [look after your own mental health](#).

10 ways to look after your mental health

<p>Remember it is normal to feel sad, stressed, confused, scared or angry during a crisis</p>	<p>Maintain a healthy lifestyle as far as you can, including diet, sleep and exercise</p>	<p>Keep connected to people by phone, email and social media</p>	<p>Be kind to others and to yourself</p>	<p>Use skills you already have, and have used in the past to deal with stress</p>
<p>Limit worry by watching or listening to media coverage less</p>	<p>Don't smoke, drink or use drugs to deal with your emotions</p>	<p>Get the facts to help you determine your risk and protect yourself</p>	<p>Seek advice you can trust from the NHS and the Government</p>	<p>Structure your day with things that you can realistically achieve</p>

eSafety

Staying Safe Online

It is incredibly important that your child attends their [weekly E-safety session online](#) as this will educate your child on how to keep themselves safe online.

The software and websites included in this booklet are all safe for your child/ren to use. Using the internet can be a great source of learning but there are some websites that can be unsafe for children. Please NEVER leave your child unsupervised on the internet.

If you are spending all day at home, you will likely be spending more time online. Whilst there are many positive aspects of using the internet, such as keeping in contact with those you can't see and staying entertained, you must also remember to use it sensibly.

Please reassure and remind your child that they must report anything concerning to a member of staff in school immediately (You can use BGfL to do this or email or telephone the school).

If your child is speaking to another child out of school hours on forums/chat rooms please monitor this, as we have had some parents in school complain that the content of some of these chat rooms is inappropriate.

While you are spending more time at home, you should consider the ways you can stay safe and maintain a healthy relationship with the internet by doing the following:



- Having tech-free mealtimes
- Not keeping your phone or tablet in your bedroom
- Ensure parental controls/privacy settings are in place on your child's computer/ipad/phone to keep them safe.
- Make sure you have the right settings applied to the apps and websites you use, so you don't see anything you don't want to and can limit who can contact you
- If you need to report something that you've seen online that is unrelated to St. Mark's home learning tasks, use Child Exploitation and Online Protection command (CEOP) (<https://www.ceop.police.uk/safety-centre/>) and the UK Safer Internet Centre (<https://www.saferinternet.org.uk/our-helplines>)
- Reassure your child that they can speak to you if they are worried or concerned about any online content
- Here is further information you can access to further support your child with any worries at home: Childline (<https://www.childline.org.uk/>), Kooth (<https://kooth.com/>), or any of the contacts listed here: <https://www.mind.org.uk/information-support/for-children-and-young-people/useful-contacts/>

Message from Mrs. Linley...



More than ever, I want you to know that you are not alone in this third lockdown. St. Mark's school is a family school and we are here to support each other. We have encountered many challenges already since March 2020, yet we have overcome them and I have no doubt that will do this again. By working together, supporting one another and taking one day at a time, we will get through this.

If you are struggling... please speak out and don't suffer in silence.

You can contact the school on:

School email: enquiry@stmarkrc.bham.sch.uk

School telephone: 0121 357 9892



Stay safe and healthy!

God bless,

Mrs. Linley and the St. Mark's Team